



BIOGRAPHICAL SKETCH

Name, Titles: Univ. Prof. Dr. Dr. Barbara Pruesser-Strasser, MPH

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Date of Birth: 31.03.1972

Citizenship: Austria

PROFESSIONAL BACKGROUND

At present: Chair, Full Professorship in Nutritional Sciences, Sigmund Freud University (MED) Vienna

At present: Research Group Leader (Nutrition, Metabolism and Training), LBI Rehabilitation Research

2018: Research Fellow, Institute of Epidemiology and Preventive Medicine, University of Regensburg

2015-2017: Senior Investigator, Division of Medical Biochemistry (CCB), Medical University Innsbruck

2011-2015: Associate Professor, Head of the Institute for Nutritional Sciences and Physiology, UMIT

2009-2011: Assistant Professor, Medical Science and Health Systems Management, UMIT, Austria

2001-2008: Senior Research Associate, Sports and Exercise Medicine, Medical University of Vienna

ACADEMIC APPOINTMENTS & NOMINATIONS

Full Professorship (appointed, 2018), Nutritional Sciences, Sigmund Freud University (MED) Vienna

Full Professorship (3rd ranked, 2017), Sport Science (Physiology/Prevention), University of Innsbruck

Research Fellow (1st ranked, 2014), Physical Activity Epidemiology, MRC, University of Cambridge

Academic Director (2011–2015), Master of Science in Applied Nutritional Sciences, UMIT, Austria

OTHER POSITIONS

Since 2025: Science Ambassador, Austrian Agency for Education and Internationalisation

Since 2024: Editorial Board (Associate Editor – Clinical Section), Gerontology

2019-2024: Editorial Board (Associate Editor), Journal of Cachexia, Sarcopenia and Muscle

Since 2019: Editorial Board, Journal for Metabolic Research, Clinical Nutrition and Dietetics

ACADEMIC STUDIES & CONTINUING EDUCATION

2011: Habilitation (venia docendi) in Medical Science (Exercise Medicine and Rehabilitation)

2006-2008: Doctoral Program (Dr. sc. hum.) in Health Science (Public Health), UMIT, Austria

2007: Master's Degree in Public Health (MPH), Medical University of Vienna, Austria

2004-2005: Education Program in Cardiac Rehabilitation, Austrian Society of Cardiology

2000-2003: Doctoral Program (Dr. rer. nat.) in Sport Science, University of Vienna, Austria

1999: Master's Degree in Sport Science (MSc), University of Vienna, Austria

RESEARCH & STUDIES ABROAD

2018: University of Regensburg, Department of Epidemiology and Preventive Medicine, DE

2014: Columbia University, Department of Biobehavioral Sciences (TC), New York City, USA

2014: University of Texas at Austin, Department of Kinesiology and Health Education, USA

2012: Imperial College London, School of Public Health (Epidemiology and Biostatistics), UK

1999: University of Copenhagen, Copenhagen Muscle Research Center (CMRC), Denmark

AWARDS

2018: Science Prize for Medical Nutrition (Thieme Publishers)

2013-2014: Fulbright Teaching and Research Grant (AAEC)

2005-2007: MPH Fellowship (Austrian National Health Foundation)

2001-2003: Doctoral Fellowship Programme (University of Vienna)