

### **BIOGRAPHICAL SKETCH**

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Date of Birth: 31.03.1972 Citizenship: Austria

#### PROFESSIONAL BACKGROUND

At present: Chair, Full Professorship in Nutritional Sciences, Sigmund Freud University (MED) Vienna At present: Research Group Leader (Nutrition, Metabolism and Training), LBI Rehabilitation Research 2018: Research Fellow, Institute of Epidemiology and Preventive Medicine, University of Regensburg 2015-2017: Senior Investigator, Division of Medical Biochemistry (CCB), Medical University Innsbruck 2011-2015: Associate Professor, Head of the Institute for Nutritional Sciences and Physiology, UMIT 2009-2011: Assistant Professor, Medical Science and Health Systems Management, UMIT, Austria 2001-2008: Senior Research Associate, Sports and Exercise Medicine, Medical University of Vienna

### **ACADEMIC APPOINTMENTS & NOMINATIONS**

Full Professorship (appointed, 2018), Nutritional Sciences, Sigmund Freud University (MED) Vienna Full Professorship (3<sup>rd</sup> ranked, 2017), Sport Science (Physiology/Prevention), University of Innsbruck Research Fellow (1<sup>st</sup> ranked, 2014), Physical Activity Epidemiology, MRC, University of Cambridge Academic Director (2011–2015), Master of Science in Applied Nutritional Sciences, UMIT, Austria

#### **OTHER POSITIONS**

Since 2023: Editorial Board (Associate Editor – Clinical Section), Gerontology (IF 3.5)

Since 2019: Editorial Board (Associate Editor), Journal of Cachexia, Sarcopenia and Muscle (IF 8.9) Since 2019: Editorial Board, Journal for Metabolic Research, Clinical Nutrition and Dietetics (AEM) Since 2019: Board Member, ERA-Net HDHL-Intestinal Microbiome Knowledge Platform (JPI HDHL)

## **ACADEMIC STUDIES & CONTINUING EDUCATION**

2011: Habilitation (venia docendi) in Medical Science (Exercise Medicine and Rehabilitation) 2006-2008: Doctoral Program (Dr. sc. hum.) in Health Science (Public Health), UMIT, Austria 2007: Master's Degree in Public Health (MPH), Medical University of Vienna, Austria 2004-2005: Education Program in Cardiac Rehabilitation, Austrian Society of Cardiology 2000-2003: Doctoral Program (Dr. rer. nat.) in Sport Science, University of Vienna, Austria 1999: Master's Degree in Sport Science (MSc), University of Vienna, Austria

## **RESEARCH & STUDIES ABROAD**

2018: University of Regensburg, Department of Epidemiology and Preventive Medicine, DE 2014: Columbia University, Department of Biobehavioral Sciences (TC), New York City, USA 2014: University of Texas at Austin, Department of Kinesiology and Health Education, USA 2012: Imperial College London, School of Public Health (Epidemiology and Biostatics), UK 1999: University of Copenhagen, Copenhagen Muscle Research Center (CMRC), Denmark

# **AWARDS**

2018: Science Prize for Medical Nutrition (Thieme Publishers) 2013-2014: Fulbright Teaching and Research Grant (AAEC)

2005-2007: MPH Fellowship (Austrian National Health Foundation) 2001-2003: Doctoral Fellowship Programme (University of Vienna)