



BIOGRAPHICAL SKETCH

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Date of Birth: 31.03.1972

Citizenship: Austria

PROFESSIONAL BACKGROUND

At present: Chair, Full Professorship in Nutritional Sciences, Sigmund Freud University (MED) Vienna
2018: Research Fellow, Institute of Epidemiology and Preventive Medicine, University of Regensburg
2015-2017: Senior Investigator, Division of Medical Biochemistry (CCB), Medical University Innsbruck
2011-2015: Associate Professor, Head of the Institute for Nutritional Sciences and Physiology, UMIT
2009-2011: Assistant Professor, Medical Science and Health Systems Management, UMIT, Austria
2001-2008: Senior Research Associate, Sports and Exercise Medicine, Medical University of Vienna

ACADEMIC APPOINTMENTS & NOMINATIONS

Full Professorship (appointed, 2018), Nutrition Science, Sigmund Freud University (MED) Vienna
Full Professorship (3rd ranked, 2017), Sport and Exercise Science, University of Innsbruck, Austria
Research Fellow (1st ranked, 2014), Physical Activity Epidemiology, MRC, University of Cambridge
Academic Director (2011–2015), Master of Science in Applied Nutritional Sciences, UMIT, Austria

OTHER POSITIONS

Since 2022: Research Group Leader (Nutrition, Metabolism and Training), LBI for Rehabilitation Research
Since 2019: Principal Investigator, ERA-Net HDHL-Intestinal Microbiome Knowledge Platform (JPI HDHL)
Since 2019: Editorial Board (Metabolic Research and Clinical Nutrition), Aktuelle Ernährungsmedizin
Since 2019: Board Member (Physical Activity and Nutrition), Austrian Society for Clinical Nutrition (AKE)
Since 2019: Editorial Board (Exercise – Nutrition), Journal of Cachexia, Sarcopenia and Muscle (IF 12.06)
Since 2014: Fulbright Experts Panel for Public Health, Austrian-American Educational Commission (AAEC)

ACADEMIC STUDIES & CONTINUING EDUCATION

2011: Habilitation (venia docendi) in Medical Science (Exercise in Secondary Prevention)
2006-2008: Doctoral Program (Dr. sc. hum.) in Health Science, UMIT, Austria
2007: Master's Degree in Public Health (MPH), Medical University of Vienna, Austria
2004-2005: Education Program in Cardiac Rehabilitation, Austrian Society of Cardiology
2000-2003: Doctoral Program (Dr. rer. nat.) in Sports Science, University of Vienna, Austria
1999: Master's Degree in Sports Science (MSc), University of Vienna, Austria

RESEARCH & STUDIES ABROAD

2014: Columbia University, Department of Biobehavioral Sciences (TC), New York City, USA
2014: University of Texas at Austin, Department of Kinesiology and Health Education, USA
2012: Imperial College London, School of Public Health (Epidemiology and Biostatistics), UK
1999: University of Copenhagen, August Krogh Institute, Muscle Research Center, Denmark

AWARDS

2018: Science Prize for Medical Nutrition (Thieme Publishers)
2013-2014: Fulbright Teaching and Research Grant (AAEC)
2005-2007: MPH Fellowship (Austrian National Health Foundation)
2001-2003: Doctoral Fellowship Programme (University of Vienna)
1999: Research Grant (Danish National Research Foundation)